

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Guidance Document

Oregon Health Plan

Version 5 – Revised December 2014

Clinical Definitions

This section provides an overview of the key clinical definitions integral to the provision of SBIRT services and the related billing definitions of such services.

There are several definitions of alcohol and substance abuse and misuse, including:

- **Alcohol Abuse:** as defined by the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition* is drinking that leads an individual to recurrently fail in major home, work, or school responsibilities; use alcohol in physically hazardous situations (such as while operating heavy machinery); or have alcohol-related legal or social problems.⁹
- **Alcohol Dependence/Alcoholism:** as defined by the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition* includes physical cravings and withdrawal symptoms, frequent consumption of alcohol in larger amounts than intended over longer periods, and a need for markedly increased amounts of alcohol to achieve intoxication.¹⁰
- **Alcohol Misuse:** a spectrum of behaviors, including risky or hazardous alcohol use.¹¹
- **Substance Abuse:** as defined by the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition* (DMS-IV) is substance use that leads an individual to recurrently fail in major home, work, or school responsibilities; use substances in physical hazardous situations; or have substance-related legal problems.
- **Substance Dependence:** as defined by the DSM-IV includes physical cravings and withdrawal symptoms, frequent consumption in larger amounts than intended over longer periods, and a need for increased amounts of the substance. Dependence also includes repeated unsuccessful attempts to quit using the substance, giving up important social, occupational, or recreational activities, and continued use of the substance despite knowledge of adverse consequences.

Note: OHA recognizes that DSM-V replaces abuse and dependence diagnoses with a focus on a continuum of problematic use reflected by level of function. The SBIRT measure is currently based on ICD-9 diagnosis codes and CPT/HCPCS codes. Although DSM-V is currently available, OHA has delayed implementation of DSM-V to align with implementation of ICD-10 and will update this guidance document to reflect these changes at a later date.

Provider types include:

- **Auxiliary Provider or Personnel:** any individual who is acting under the supervision of a physician or licensed professional working within their scope of practice.

⁹ American Psychiatric Association (APA). (2000). *Diagnostic and Statistical Manual of Mental Disorders, 4th Edition, Text Revision*. Washington, DC: APA, Retrieved July 22, 2013 from www.ncbi.nlm.nih.gov/books/NBK44358/

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¹¹ <http://www.uspreventiveservicestaskforce.org/uspstf12/alcmisuse/alcmisusefinalrs.htm>

- **Supervising Licensed Provider:** this is the individual supervising the incident to service. This does not need to be the individual who performed the initial assessment and initiated the course of treatment.

Brief Annual Screen (Adults)

A screen is defined “a rapid, proactive procedure to identify individuals who may have a condition or be at risk for a condition before obvious manifestations occur.”¹² Oregon’s approved brief annual screen for adults involves several short questions relating to drinking, drug use, and mood. Note that the adolescent brief screening and full screening have different questions and processes than adults.

A brief annual screen is considered an integral part of routine preventive care and is therefore not separately reimbursable by Medicaid. There are no CPT codes for billing the brief annual screen. Brief annual screens may be administrated by providers or any other clinic staff member. They may be administered in writing, orally, or via various technologies (e.g., on the phone prior to an office visit, electronically).

Image 1: OHA-recommended brief annual screening form;

Annual questionnaire Once a year, all our patients are asked to complete this form because drug use, alcohol use, and mood can affect your health as well as medications you may take. Please help us provide you with the best medical care by answering the questions below.		Patient name: _____										
		Date of birth: _____										
Are you currently in recovery for alcohol or substance use? <input type="checkbox"/> Yes <input type="checkbox"/> No												
<p>Alcohol: One drink =  12 oz. beer  5 oz. wine  1.5 oz. liquor (one shot)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th style="text-align: center;">None</th> <th style="text-align: center;">1 or more</th> </tr> </thead> <tbody> <tr> <td>MEN: How many times in the past year have you had 5 or more drinks in a day?</td> <td style="text-align: center;"><input type="radio"/></td> <td style="text-align: center;"><input type="radio"/></td> </tr> <tr> <td>WOMEN: How many times in the past year have you had 4 or more drinks in a day?</td> <td style="text-align: center;"><input type="radio"/></td> <td style="text-align: center;"><input type="radio"/></td> </tr> </tbody> </table>					None	1 or more	MEN: How many times in the past year have you had 5 or more drinks in a day?	<input type="radio"/>	<input type="radio"/>	WOMEN: How many times in the past year have you had 4 or more drinks in a day?	<input type="radio"/>	<input type="radio"/>
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<p>Drugs: Recreational drugs include methamphetamines (speed, crystal) cannabis (marijuana, pot), inhalants (paint thinner, aerosol, glue), tranquilizers (Valium), barbiturates, cocaine, ecstasy, hallucinogens (LSD, mushrooms), or narcotics (heroin).</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th style="text-align: center;">None</th> <th style="text-align: center;">1 or more</th> </tr> </thead> <tbody> <tr> <td>How many times in the past year have you used a recreational drug or used a prescription medication for nonmedical reasons?</td> <td style="text-align: center;"><input type="radio"/></td> <td style="text-align: center;"><input type="radio"/></td> </tr> </tbody> </table>					None	1 or more	How many times in the past year have you used a recreational drug or used a prescription medication for nonmedical reasons?	<input type="radio"/>	<input type="radio"/>			
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¹² Wisconsin Initiative to Promote Healthy Lifestyles (WIPHL), SBIRT Coding, Billing, and Reimbursement Manual. January 2010.